

Elite Camp Registration July 23 to July 26, 2017



Training Method

The objective is to challenge each player to their fullest potential. We use a mix of techniques and ideals that focus on the guidelines of the United States Soccer Federation. We have an outstanding curriculum that includes technical and tactical training, a demanding schedule of intense training, and the final element of competition. Players will be continually challenged to perform in a competitive training and game environment. The staff will test and evaluate each player, physically and mentally, to offer ways to maximize a player's po-



Features

- Excellent Staff of Highly Qualified Coaches.
- Competitive Environment
- Quality Training:
 - **Technical Skills**
 - **Tactical Ideals**
 - **Mental Skills**
 - **Goalkeeper Training**
- College Recruiting Session
- Competitive Matches
- Excellent Facilities
- Written Evaluations
- Certified Athletic Trainer
- Air Conditioned Dorms
- Each Camper Will Receive a Water Bottle, and Gym Sack

Daily Schedule

SUNDAY

- 12-2 PM Registration
- 2:30 PM Meeting
- 3:00 PM Training Session
- 5-6 PM Dinner
- 6:00 Session & Matches

DAILY SCHEDULE

- 6:30 Skills Session
- 7:45 Breakfast
- 9:00 Team Training Session—
Technical
(Commuters arrive)
- 10:30 Tournament of Champions
- 12:00 Lunch
- 2:00 Team Training Session-Tactical
- 3:30 Skill Session or Match
- 5:00 Dinner
- 6:30 Evening Matches
- 8:30 Cool Down and Stretch
- 9:30 Tucker Film Session.
- 11:00 Lights Out

Wednesday

- 6:30 Skill Session
- 7:45 Breakfast
- 9:30 Training Session
- 12:00 Lunch
- 2:00 Training Session
- 3:00 Match
- 4:30 Closing Ceremony

Additional Information

What to Bring:

SOCCER BALL, pillow, sheets, pillowcase, blanket, towels, soap, toiletry articles, tennis shoes, alarm clock, t-shirts, soccer shorts, swim suit, sunscreen, soccer shoes, cleats, and shin guards. (NOTE: Soccer footwear should be broken in prior to camp—new shoes will cause blisters).

Includes:

- ⇒ Room
- ⇒ Board (Dinner Sunday to Breakfast Thursday)
- ⇒ T 'shirt
- ⇒ Water Bottle
- ⇒ RBSA Gift



Directors and Key Staff

Tony Setzer—Head Coach—Director

- 26 years at the college level.
- 24 years at Gardner-Webb
- USSF "A" License
- 25 years at the collegiate level

Bradley Morrison: Assistant Men's Coach and NCYSA Coaching Education

Mike Varga: Head Women's Coach Gardner-Webb University.

We only employ college caliber coaches to work with teams.



2017 - INDIVIDUAL REGISTRATION

Name _____ Age: _____

Address: _____

City, State: _____ ZIP: _____

Home Phone _____ Work Phone _____

Email Address: _____

____ Residential Camper - TEAM _____

____ Residential Camper Individual

ROOM Mate Request: _____

____ Commuter Camper TEAM : _____

____ Commuter Camper Individual

____ Field Player _____ Goalkeeper

T-shirt size: YM—YL—S—M—L—XL

A \$50 Non Refundable Application Fee must accompany this application, and the \$50 will be deducted from the Camp Package.

Sibling Discount:

\$10 off each additional participant.

Fees:

Individual Resident Players:
\$315 per player

For Commuter Individual:
\$215 per player

Medical Information

Father's Name

Work Phone Home Phone

Mother's Name

Work Phone Home Phone

Emergency Contact Phone

Camper's Physician Phone

Date of last Tetanus Toxoid

Waiver Statement

All campers must have their own medical coverage. The camp provides only excess coverage (does not cover deductibles) after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and the form signed by the parent or guardian of the camper.

Camper's Insurance Company

Policy Holder Policy Number

I give my written permission for my child to be treated by a doctor if necessary. He/she is physically fit according to our family doctor.

Signature of Parent or Guardian and date.

Return Application and Check to:
The RBSA
707 Cedar Hill Drive
Shelby, NC 28152

