

Tap Moves:

1. Taps
2. Zap
3. Triangle
4. Pull Push with not taps
5. Croif 90
6. Croif 180
7. V (Pull pivot push)
8. Full Sole Roll
9. Garannicha
10. Garannicha Lift the ball juggle a set number and catch on foot and pull between the legs.
11. Heel Back Roll forward
12. Roll sideways and roll forward
13. Single Step-over
14. Single Step-over with a #2
15. Double Step-over
16. Inside - Outside of the same foot
17. Lifts
18. Across the body with the outside of the foot
19. Full sole roll step around pivot and catch
20. Heel roll step around heel roll
21. Twister with the toe
22. Croif 90 with a V
23. Out - In
24. Step-over with a V
25. Step-over with a croif 90